

NEWSLETTER

GOT BALANCE!



Does your swing have balance? Most of us are guilty of swinging too hard, including yours truly. Swinging the club in the proper sequence of body movements allows for a smooth balanced finish. Being out of balance causes badly offline shots, as well as topped and fat shots. If you notice

that you are unable to stay in the finish position or that you fall back when you swing, you are probably out of balance. Try letting the power come from the bottom of the swing and hit half shots to work on your balance in the finish position. Also come check out the balance discs at the range.

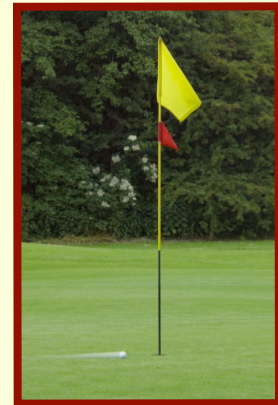
PRACTICE, PRACTICE-PERFECT PRACTICE !!!!!!!

Perfect Practice sessions are here. Starting Wednesday June 16th from 7pm to 8:30pm, I will be hosting practice sessions for anyone interested in supervised practice. All topics will be covered based on the individual players needs. If you are currently taking lessons, supervised practice is a great way to ensure the right technique. If you aren't sure about taking lessons this is a great way to get your feet wet.

The hour and a half session is \$20 and is open to anyone but limited to the first 8 players who sign up. Range balls are included as well as use of the training aids and some video. Sessions are every other week through July and will continue through September based on popularity. Sign up in the Pro-Shop. I will see you down at the range, play well, Steve.

DON'T BE SHY !!!

If you see me at the range and I am not giving a lesson, please feel free to come check out and try some of the training aids. This game we all love is an ongoing search for the key to the next lowest score. Most of us know our own swings pretty well, but we can't always feel what we are doing, so don't be shy and take a look. I will be happy to put you on the computer and email the video without giving you a lesson. It takes about 15 minutes and costs \$25 if you are interested.



"Practice Makes Permanent! Only Perfect Practice Makes Perfect!" Bob Rotella